Project AHK - Congo DRC Rehabilitation & Medical Capacity Enhancement in the General Referral Hospital (HGR) KABINDA



A PROJECT WHERE, FOR WHO : THE BENEFICIARIES

A region, a population : Kabinda, province of Lomami (ex-Kasai Oriental), Congo DRC.

• Kabinda: the administrative center of the new province of Lomami, destined to develop in a very landlocked region, disadvantaged by a difficult access, sometimes temporarily impossible.



A high concentration of population grouped in and around Kabinda: during the wars, a huge influx of residents now pauperized by the absence of employment, a widespread poverty contributing to a degraded health, to the development of diseases and epidemics.

Except Kabinda, no hospital alternative worthy of the name in the region. And a risky travel during one to several days by imaginary roads, for who wants to reach a city better equipped and accessible by plane (Mbuji Mayi).

- ⇒ A practical impossibility for sending a patient, an emergency to another hospital.
- ⇒ The critical and vital need for a local, versatile and efficient hospital, covering the region.

An hospital, a medical team motivated and anxious to improve, many patients, but a minimalist equipment :





• The General Referral Hospital Saint Camille de Lellis in Kabinda : a story, an evolution, a future.



- 1959 : Just built, a gradually abandoned hospital, degraded over the troubles and plundering that followed DRC independence.
- 1982 : The Diocese of Kabinda, which received from the State the responsibility to manage the hospital, entrust the direction to the **Community of the Beatitudes**.
- 1996 : The war, the successive occupations, a difficult situation. The community, supported by the population, chooses to remain there despite the risks, and keeps the hospital operational. The most part of the Kabinda district remains isolated until 2005.
- 2008 : Partnership with AAI (Association Alliances Internationales).
- 2016 : A major hospital, destined to develop and to later become a reference center for the province of Lomami. A recognized hospital, considered as the best in the region by the DRC medical authorities as well as by the auditors delegated by the European Community.

Spacious buildings, recently renovated and supplemented by several extensions financed by the European Union, but lacking the necessary medical equipment.

A motivated medical team with hands bound by the lack of adequate technical means. And without public network, an hospital equipment and lighting which requires an autonomous electricity supply, currently degraded and very insufficient.

A PROJECT FOR WHAT : AN ASSESSED AND CONFIRMED NEED

May 2016 : A 1-month evaluation mission, conducted by 2 recognized experts specializing in technical assistance and implementation of suitable biomedical equipment in the district hospital, gives its diagnosis and draws essential conclusions in an objective portrait.

- The HGR Kabinda Hospital, its infrastructure, its organization, its human capital, its rigorous management and its positive financial balance, its strong desire for improvement, constitute a solid and credible base for building a sustainable project and progression towards an optimal therapeutic offer and quality of care.
- The current electricity supply (diesel generator and photovoltaic system), an indispensable basis prior to any investment in biomedical equipment, is insufficient & inadequate, unreliable in continuity as in quality, and potentially destructive for powered equipment.
- In most departments and especially in some major units, the hospital does not have the minimum technical equipment necessary for the therapeutic and diagnostic services expected in an HGR district hospital of Central Africa. Most encountered and checked donations, new or second-hand, are unusable, inappropriate, irremediably defective or ineffective.

	State complying to requirements and expectations applicable to an HGR-level hospital.
	Partially compliant state, with necessary corrective or improvement actions.
	Critical state, mandatory and urgent modification or improvement.
Substructure - Buildings	Large installations in very good condition, renovated or new wards (recent extensions), sufficiently spacious, suitable for the needs.
Substructure - Technical equipement	Needed and requested operating rooms air conditioning.
Substructure - Waste management	Well organized in departments, improvable incineration.
Substructure - Safety	Major risks identified, determined by the condition of the equipment (electrical distribution, O2 sources, autoclaves, imaging).
Organization - Management	Very good structure and management capabilities. Decision-making responsibility to be confirmed / stabilized as soon as possible (action in progress).
Organization - Human resources	All essential functions are supported. Existing & consistent (para)medical capabilities <> medical offer & beds number.
Organization - External interfaces	Good relations with regional authorities, but some changes to follow (Replacement of the bishop, new provincial government).
Organization - Financial resources	Well managed and sufficient, 2014-2015 balance is positive.
Organization - Maintenance	No prior organized maintenance but management's determination and a recently hired maintenance agent, training and equipment required.
Resources - Electricity	 3 diesel generators but limited power, micro-cuts, under- and overvoltages. Insufficient coverage of photovoltaic installations, widely deployed but poorly distributed, under-dimensioned, partially obsolete, architecture not optimal, choice of components with low quality / durability. Distribution to be rehabilitated: general power unbalance on the 3 phases, current condition or lack of the protection / distribution devices, of the earthing.
Resources - Water	Sufficient quality and quantity, rainwater exploitation, privative spring.
Resources - Oxygen	Very critical situation: available external supply (O2 cylinders) and autonomous sources (concentrators), but very insufficient quantity, degraded condition and % O2 abnormally low (even local O2 cylinders), without therapeutic effect.
Resources - Blood transfusion	Insufficient availability, storage and transfusion means improvable for an optimal use (especially pediatric use).
Resources - Cold chain	Overall well managed, adequate means available, but quality control to improve.
Resources - Stérilization	Inadequate donated autoclaves (electric supply, no vaccuum system), CQ tests nok. Inadequate Poupinels (power supply), defective, unreliable (regulation), CQ tests nok.
Resources - Internal production	Distilled water, alcohol and bleach produced in sufficient quantities. Bleach concentration nok, to modify.
Biomedical equipment - General assessment	Under-equipped hospital, new or 2nd hand donations creating an illusion but coming from inadequate and mostly unexploitable choices. General lack of training (no effective or sufficient training of users when installing the existing equipment).
Biomedical equipment - Intensive Care/REA - Emergency	Absence of essential equipment in adult and pediatric intensive care: some donations, not functional or inadequate.
Biomedical equipment - Operating theater	Lack of essential equipment for surgery (aspiration) and anesthesia (ventilator, monitoring): some donations, not functional or inadequate. Operating tables and surgical lights to be rehabilitated.
Biomedical equipment - Clinical laboratory	Meets the needs of a basic hospital and laboratory, but mandatory essential additional equipment and training for reaching an HGR level.
Biomedical equipment - Imaging	Functional radiology and ultrasound equipment, but inadequate (power supply), incomplete (ultrasound probes) or with a technically limited functionality.
Biomedical equipment - Hospital care - out-patients	General lack of diagnostic means for out-patient and hospitalization departments.

SOME DATA JUSTIFYING THE NEED AND THE EMERGENCY

Covered area & population	278 897 inhabitants spread over 19 800 km ² , 26 health centers			
	278 897 good reasons to invest in a project to help them			
Hospital - Available beds	225 beds in 8 main care units			
	Pediatric intensive care: average occupancy rate 119%			
Hospital - Medical resources	7 doctors, 69 nurses/paramedics actively employed			
Hôpital - Financial management	2015 balance : positive statement of income 8 919 USD, reserves 138%			
Out-patient - Treated cases	8 146 new cases			
Hospitalization - Entries	8 611 hospitalized patients hospitalisés of whom 5 496 new cases			
	33% hospitalized in pediatric intensive care, 21% in gyneco-obstetrics			
Frequent pathologies	Malaria, malnutrition, anemia, acute respiratory infections, tuberculosis, AIDS, meningitis, parasitoses, peritonitis, accidental trauma,			
Major causes of death	Intensive care, pediatrics, neonatology			
Surgery - Interventions	1 247 interventions, 259 operating days			
	715 major interventions of whom 352 emergencies, 364 in gyneco-obstetrics			
Transfusions	2 042 transfusions			
Mother/Child	743 deliveriess, of whom 367 dystocic deliveries, 12 maternal deaths			
Delivery	332 deliveries with complication, 263 Caesarean			
Neonatology	779 births (65 deaths ≤ 7 days), 186 entries in neonatology (17 deaths)			
Based on data published in 201	5 Annual Report - General Referral Hospital (HGR) Kabinda			

A CONVINCING PROJECT, MANY SUCCESS FACTORS

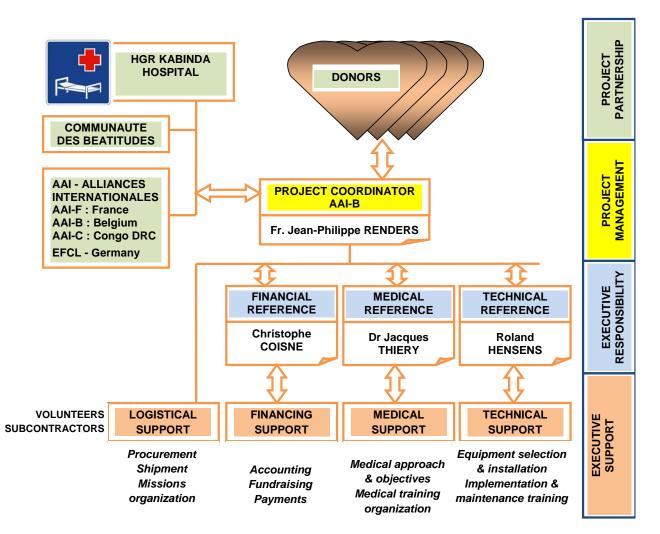
- A project built in close co-operation with the hospital's medical actors, tailored to the real needs, priorities and local constraints, rather than a copy / paste of pre-existing equipment's lists or equipment standards from our European hospitals.
- A large-scale, high-budget project, but divided into individual work packages making easier the executive management and promoting the partnership with donors having a limited budget (multi-partner funding).
- A project carried out at the lowest cost, with a maximum ROI (return on investment).
 - All actors involved in the project management are experienced but unpaid volunteers.
- No structural costs, donor's money is used in the best interests of the hospital.
- A strong will for transparency and good communication:
- A regular and objective reporting to the partners (executive and financial) is planned throughout the duration of the project, independent evaluation missions are planned during the progress and at the end of the project.
- A financial risk minimized by a project and budget management entrusted to reliable and ethical interlocutors having the approval and the complete confidence of the hospital and its partners:
 - AAI (Association Alliances Internationales), founded in 1982 and partner of the Community of Beatitudes, is dedicated to support charitable and humanitarian projects in developing countries. The association, formally recognized as "Association of Support and Charity" (France) and "ASBL" (Belgium), offers tax exemption possibilities in France, Belgium and Germany.
- A priorities and achievement approach focused on the concern to avoid the classic statement of failure from WHO and NGOs:

« 70% of all medical equipment in developing countries lies inoperable » (WHO, 2010 - WhyDev, 2014).

- First to secure the operating conditions (electrical supply) before beginning to install sensitive biomedical equipment requiring the quality and permanence of electrical supply.
- Each purchased equipment is deeply studied by an engineer experienced in the technology and hospital implementation of biomedical equipment, and takes into account the experience gained in the specific context of the district hospital in Central Africa : a guarantee of suitability and durability through a selection process considering the purchase price but also the consistency with the essential needs of a district hospital, the capacities of the local users, the compatibility of the required supplies (electricity, fluids, ...) with the local resources, the reliability and maintainability (technology, construction, operating costs, maintenance requirements and intervals, long-term support).
- At every stage of the project, training, a lot of training.
 - Technical training : teaching the users to know and properly operate all the features, to maintain the equipment, to avoid the destructive risks, to react in the event of a problem.
 - Medical training : strengthening the knowledge, leading the first implementation of new equipment and helping the hospital to make the best use of it, in the best interests of the patients.

PARTNERSHIP, ORGANIZATION, PARTICIPANTS

- ▼ The project applicant : HGR Kabinda.
 - At the root of decisions and choices, the management and the medical staff of the beneficiary hospital.
- The major partners of the hospital are involved in the project : CB, AAI (AAI-F, AAIC, EFCL).
 - The Community of the Beatitudes (CB), which assumes the management of the hospital and represents by delegation its organizing authority (the Diocese of Kabinda, which has received from the State the hospital's management responsibility, entrusted the Community of the Beatitudes since 1982 to lead and run the hospital).
 - AAI-F (Association Alliances Internationales, France) and its German partner EFCL (Germany), who are already co-financing the project, supplemented by a local anchoring of the project (subsidiary AAI-C in Mbuji-Mayi, Congo DRC, which provides a close and essential link of South-South cooperation).
- The project leader and executive body : AAI-B, Belgian subsidiary of the association AAI.
 - Within a framework of close collaboration with the project applicant and its major partners, it receives by delegation of them the executive and financial responsibility for the project, and assumes the technical, medical and accounting management. The applicant and the partners remain involved and consulted for any major decision during the entire construction phase of the project.
 - It provides, in a totally free framework (voluntary work), the human resources necessary to manage (administration, purchase, shipment, finances) and to carry out the project (technical studies and selection of the appropriate equipment, installations of equipment, technical and medical training).
- The donors who agree to join the project :
 - A dedicated framework open for mixed private institutional public individual funding, through a subdividing of the project into tasks subgroups (work package), allowing each donor to choose and finance a well-defined part of the project.



All responsible listed in this chart and their assistants contributing in the project's achievement are volunteers, unpaid for their missions

WHEN, HOW: A FIVE-YEAR IMPROVEMENT PLAN

YEAI	EAR 1 Total budget : 175 370 EU			
Sub	What	How	How much	
1.1	To improve and secure the autonomous electricity supply	WP02-1	19 760 EUR	
	and the distribution network in the hospital	2-4, 2-5		
1.2	To improve the surgical conditions in the main operating	WP01-1	3 250 EUR	
	room : air conditioning SO-1			
1.3	To equip the essential services with an autonomous	WP03	61 500 EUR	
	production and distribution of medical oxygen			
1.4	To install reliable and power supply-compatible	WP04-7	58 030 EUR	
	sterilization equipment			
1.5	To improve the basic tests, the transfusion service and	WP04-8	24 350 EUR	
	the interpretation of laboratory tests			
1.6	To help to implement a biomedical maintenance service:	WP05	8 480 EUR	
	supplying the necessary intervention equipment			



A capacity improvement built in 5 years, 18 steps, starting with the highest priority

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YEAR	2 Tot	al budget :	248 370 EUR	
Sub	What	How	How much	Photovoltaic
2.1	To guarantee in the essential services a permanent	WP02-2	121 030 EUR	Intensive care
	electricity supply through photovoltaic production			Haematology
2.2	To strengthen the capacities and the success of adult	WP04-1	21 120 EUR	Radiology
	intensive care interventions by appropriate equipment			$\mathbb{O}_{}$
2.3	To strengthen the capacities and the success of pediatric	WP04-2	26 490 EUR	
	intensive care interventions by appropriate equipment			
2.4	To improve the haematological diagnosis in the clinical	WP04-8	23 190 EUR	
	laboratory : tests automation, Hgb electrophoresis			
2.5	To equip the hospital with a versatile digital radiological	WP04-11	56 540 EUR	
	system, compatible with the electrical resources			
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Electricity

Sterilization Laboratory Transfusion Maintenance

Oxygen



YEAR 3 Sub What How How much 3.1 To improve the surgical intervention means and the safety WP04-3 49 760 EUR of anaesthesia in the main operating room 3.2 To guarantee in the maternity ward a permanent electrical WP02-3 21 300 EUR supply by a photovoltaic production To improve the surgical intervention means and the safety 3.3 WP01-3 61 290 EUR of anaesthesia in the maternity operating room, to improve WP04-5 the surgical conditions (air conditioning) 3.4 To improve the management of diabetes (HbA1c) and the WP04-8 19 370 EUR biochemistry diagnosis (ionogram) in the laboratory 3.5 To equip the hospital with a versatile ultrasound diagnostic WP04-12 32 480 EUR system, compatible with the electrical resource

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<mark>/EAR</mark> 4	4 Tot	al budget :	68 915 EUR	
Sub	What	How	How much	
4.1	To improve the surgical intervention means and the	WP01-2	23 965 EUR	25
	safety of anaesthesia in the secondary operating room,	WP04-4		
	to improve the surgical conditions (air conditioning)			
4.2	To improve the Mother/Child follow-up by equipping the	WP04-6	12 230 EUR	1000
	consultation with a suitable ultrasound system			
4.3	To introduce in the clinical laboratory a capacity for	WP04-8	17 190 EUR	
	bacteriological analyzis			
4.4	Suitable means for improving the patient care & follow-	WP04-9	15 530 EUR	Surgery
	up in the hospital wards			Anaesthesia Mother/Child
				Ultrasound Bacteriology



YEAR	5 То	tal budget :	52 250 EUR	
Sub	What	How	How much	
5.1	To secure and reinforce the autonomous power supply	WP02-6	33 730 EUR	Surgery
	of the hospital by a redundant electrical generator			Anaesthesia
5.2	To develop and increase the capacity for bacteriological	WP04-8	11 010 EUR	Mother/Child
	analyzis introduced in the clinical laboratory			Bacteriology Out-patient
5.3	Suitable means for improving the diagnostics in out-	WP04-10	7 510 EUR	
	patient wards			r
				•



Patient care



AT EACH PROJECT STEP : to build and consolidate the knowledge, for ensuring the efficiency and the sustainability of the investment.

- A « training » task integrated in each elementary step (Sub).
- Technical and medical recognized senior experts, sent on the field for training the users in the hospital and to set up the equipment maintenance.

AT 2 STEPS IN THE PROJECT : in the middle and at the end of the project, an independent external evaluation, for reporting the results and correcting if necessary.

Needing to know more ?

A complete and detailed project report / file can be downloaded via our web page http://alliances-internationales-belgique.be/index.php/projet-ahk/

More specific questions ?

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